

Coláiste Uisce Guide

Destination: Coláiste Uisce, Belmullet, County Mayo

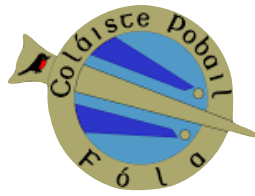
Dates: September 9th- September 11th (2 nights)

Meeting Point: Meeting at the school at 7am.

Return Time: Expecting to be back at the School by 6pm on September 11th.



It's crucial for parents/guardians to read this guide together with their son/daughter before the trip.



Coláiste Uisce Code of Conduct

A brief induction session will take place on arrival to cover other safety requirements and house rules that will be in place during the trip.

General rules

- Students are not permitted to take part in anything that puts themselves in danger or anyone else in danger.
- Students are not permitted to be in possession of any alcoholic drinks, cigarettes, vapes, drugs or substances which have a psychological effect (unless prescribed by their GP).
- Students are not permitted to participate in any form of bullying behaviour.
 - Students are not permitted to participate in any inappropriate behaviour.
- Students are not permitted to enter other student's bedrooms.
 - Students must be respectful to staff and other students at all times.

More rules will be given upon arrival

Coláiste Uisce Mobile Phone Policy

Coláiste Uisce understands that mobile phones are now a part of normal teenage life and are an important tool for keeping in touch with home.

Students are permitted to bring their phones to Coláiste Uisce. However, under the child protection policy, phones will be taken up on arrival and given out at dinner.

Mobile phones are not permitted in bedrooms or in changing rooms. Students found with devices in their rooms face disciplinary action.

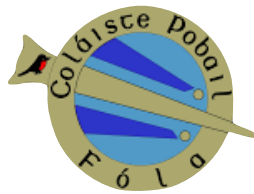
All recording devices including cameras, tablets and game consoles fall into the same category.

Coláiste Uisce Medication Policy

Students should not travel with any medication unless it is an antibiotic or another short-term script that was prescribed just before the trip, a rescue inhaler, medication for a serious health issue or an Epi-pen.

We stock most over-the-counter items such as various pain killers, cough medicines, Lemsip etc.

This option is available if a student requires it on a limited basis, but if the regular administration of any medication is required, it must be on the advice of our local doctor.



Coláiste Uisce Checklist

	Transition year jumper
	Jeans/trousers
	T shirts
	Sweatshirts
	Fleeces
	Tracksuit
	Runners or shoes (flip flops are not permitted)
	Swimming togs and two towels
	Inhaler for students with asthma
	Any medication required for health issues
	Old runners for water sports- VERY IMPORTANT
	High factor waterproof sun-cream
	Rain jacket or rain gear
	Pocket money can be brought, there is a small shop on site.